



November 2024

New Project Announcement



Will you talk to us?

CDC is inviting a group of CH STRONG participants to focus groups.

We want to know how we can help people with CHD get the cardiac care they need, by inviting a specific group of CH STRONG participants to join focus groups. Things that will be discussed include

- your healthcare experiences,
- any challenges you might have in getting care for your heart, and
- suggestions on what would encourage people to get regular cardiac care.

These focus groups will help us learn what people with CHD are missing from their health care and help us find ways for people with CHD get regular care for their heart. This is important because data from CH STRONG showed that **about half** of survey respondents had not seen a heart doctor within recommended time frames.¹

Thanks again to everyone who participated in our CH STRONG survey! If you would like to see what else we have learned from CH STRONG so far, please visit our [Project Updates](#) page.



*Reference: 1. Andrews, J. G., Strah, D., Downing, K. F., Kern, M. C., Oster, M. E., Seckeler, M. D., Goudie, A., Nembhard, W. N., Farr, S. L., & Klewer, S. E. (2023). Cardiology Care and Loss to Follow-Up Among Adults With Congenital Heart Defects in CH STRONG. *The American journal of cardiology*, 197, 42-45. <https://doi.org/10.1016/j.amjcard.2023.04.004>*

Questions about the focus groups? Email us at chstrong@cdc.gov

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