



## About CH STRONG

Thank you for participating in CH STRONG, the Congenital Heart Survey To Recognize Outcomes, Needs, and well-beinG. Since 2016, five teams of researchers have worked together to gather information to help improve the lives of people living with congenital heart defects—people like you.

More than 1,600 individuals born with heart defects in Arizona, Arkansas, and Georgia participated in CH STRONG. The information you provided will help us identify important issues for adults with heart defects, such as health care use, quality of life, and social and educational outcomes. Adults with heart defects, parents of children with heart defects, and healthcare providers will all benefit from CH STRONG findings.

On the next page, you'll find the next steps for CH STRONG.



“

By completing this survey, I feel that our healthcare professionals can begin to better understand our current cardiac care and quality of life to help shape a better system in which we can continue to thrive and be healthy.

- Elissa, a young adult with a heart defect

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## Site Leads

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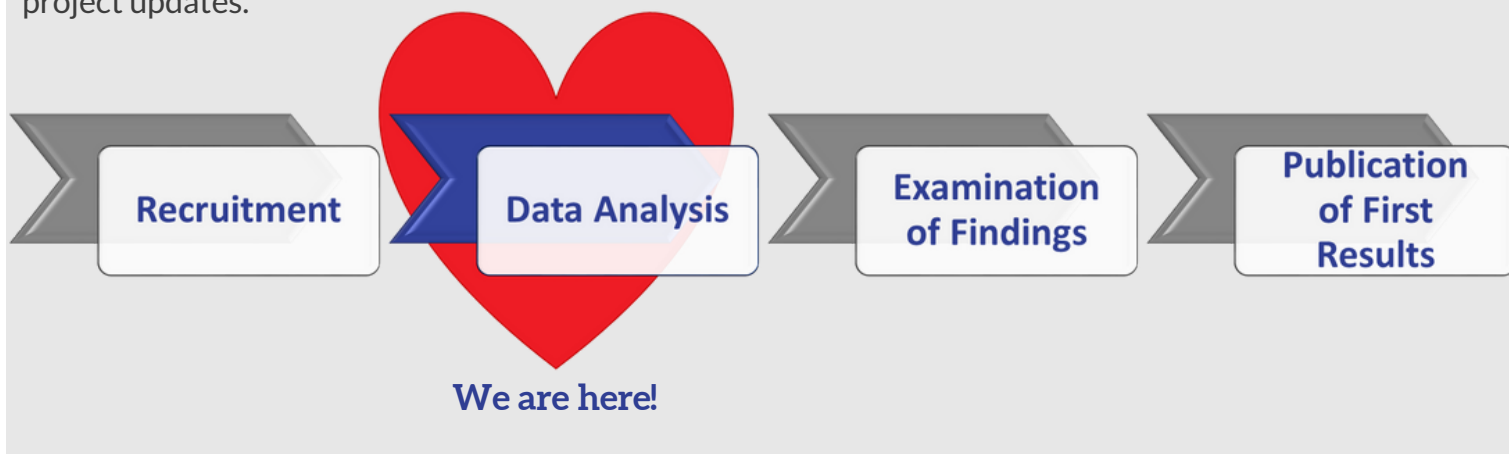
University of Arkansas for Medical Sciences, Little Rock, Arkansas

Lisa Waddell, MD, MPH

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## Project Timeline

We have finished recruiting participants for CH STRONG. We are now analyzing the information you provided. After that occurs, we will disseminate survey information widely to local and national congenital heart defect-related organizations, as well as the medical community. This will help ensure findings are used to improve the lives of individuals with heart defects. Visit [www.chstrong.org](http://www.chstrong.org) for future project updates.



## Areas of Interest

Below are the first topic areas we plan to explore from CH STRONG.



- Quality of Life
- Education
- Work History



- Reproductive Health



- Health Care Use



- Physical Health
- Mental Health

## THANK YOU!

We would like to thank all of you who participated in CH STRONG. We appreciate the time you spent to complete the survey and make this project a success. For more information about CH STRONG, please visit [www.chstrong.org](http://www.chstrong.org).